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Twins Delivered at VHH Make History for Hospital

(GLENDALE, CA – August 8, 2008) – Verdugo Hills Hospital’s (VHH) Beginnings Family Birth Center made record-breaking history, delivering six sets of twins during the month of July. More than 20 years ago, VHH had five sets of twins born during a month-long period.

On July 18, new parents Anahid and Harout Torosyan of Glendale welcomed their twin boys, Arman (born at 4:23 pm - 4 lb) and Alex (born at 4:24 pm - 4 lb 9 oz). The couple said they received wonderful service at VHH.

“The service at Verdugo Hills Hospital is very good, from the labor and delivery nurses to the nursery and post-partum nurses,” said new mom Anahid. “Everyone is very caring and we are very thankful to everyone. It is a very caring hospital and a very nice facility.”

Similarly, new mom Anet Boyajian, who gave birth to twins, boy Jacques and girl Milana, on July 16, on the day of her and her husband’s eight-year wedding anniversary, was also very pleased with the care she received at VHH. “The nurses are excellent. I’m very happy with their service,” she said.

“Verdugo Hills Hospital’s OB department has outstanding nurses who day after day try to provide a wonderful birth experience for our couples,” said Sandi Davis, Clinical Director of Perinatal Services at VHH. “Before, during and after birth, our OB education department offers support as they continue the adventure of parenthood.”

For more information about VHH’s Family Education Program, including VHH’s breast-feeding support groups for new moms (taught by certified lactation specialists) and the New Mothers Forum support group, which helps with the adjustment of a new baby in the family, please contact Teri Rice at 818.952.2272.

About the Hospital:

Verdugo Hills Hospital is a 158-bed nonprofit primary care facility nestled in the foothills between Glendale and La Cañada Flintridge. The hospital features all private rooms, 24-hour emergency services, comprehensive inpatient and outpatient diagnostic and treatment facilities, and a family birthing center. It is the only independent, free-standing hospital in the greater Foothills community and was voted “Foothills’ Best Hospital” for 2008 by readers of the *Glendale News-Press* for the fifth consecutive year. Several VHH medical staff members have also earned the title of “Foothills’ Best”: Drs. Eric Lee and Joseph Lee, Foothills’ Best Cardiologists; Dr. Jane Wada, Foothills’ Best Dermatologist; Laurie Flagg, Foothills’ Best Nurse; Dr. Ronald Woodard, Foothills’ Best Obstetrician/Gynecologist; Dr. Scott Beeve, Foothills’ Best Ophthalmologist; Dr. Allan W. Perry (Jr. & Sr.), Foothills’ Best Plastic Surgeons; Dr. Brad Aguirre, Foothills’ Best Podiatrist; and Dr. William F. Schubert, Foothills’ Best Family Physician.

For more information, please visit www.vhhospital.org. For more information about funding initiatives or to support the hospital, please call the Foundation at 818.952.2226.

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