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NFL Night Rumbles at Verdugo Hills Hospital

(GLENDALE, CA – December 3, 2007) – Nearly 100 football fans and supporters of Verdugo Hills Hospital (VHH) and Verdugo Hills Hospital Foundation (VHHF) gathered in the hospital’s Council Rooms on November 29 at 5:15 pm to watch NFL Football, Packers v. Dallas, on two big screens. The networking event was sponsored by Verdugo’s Anatomy, VHHF’s community support group made up of young families and professionals.

During halftime, medical advice was given by VHH’s very own orthopedic surgeons Dr. John Osterkamp and Dr. Stephen Owens about sports medicine and ways to prevent sports injuries. A Question-and-Answer session enabled participants to ask health questions of their own, and VHH’s Physical Medicine and Rehabilitation Department offered up a personal assessment and seven follow-up appointments to one lucky winner of the opportunity drawing. The winning ticket was Randy Slaughter, who happened to be rooting for the winning Dallas Cowboys.

Catering during the event was generously donated by Los Gringos Locos and definitely a hit amongst the crowd of high school football players, their parents, current hospital supporters, Verdugo’s Anatomy members, and new friends.

“Being a member of Verdugo’s Anatomy is an easy way to give to the community and support your hospital with a number of great benefits, including networking, invitations to fun, informative events and the speaker series, personalized assistance with hospital-related requests, access to the doctors and experts, and recognition and satisfaction of supporting the hospital...” said Jeff Smith, Founding Verdugo’s Anatomy member and VHHF Board member.

Established in 1974, the Verdugo Hills Hospital Foundation’s mission is to raise and manage funds for the benefit of Verdugo Hills Hospital, enabling it to meet the healthcare needs of the Foothill communities. The Foundation’s goal is to raise \$1.4 million this

year toward the purchase of digital mammography equipment, nursing education and state-of-the-art surgical services. For more information about funding initiatives or to support the hospital, please call the Foundation office at 818.952.2226 or visit www.vhhospital.org/foundation_how.asp.

Verdugo Hills Hospital is a 158-bed nonprofit primary care facility nestled in the foothills between Glendale and La Cañada Flintridge. The hospital features all private rooms, 24-hour emergency services, comprehensive inpatient and outpatient diagnostic and treatment facilities, and a family birthing center. It is the only independent, free-standing hospital in the greater Foothills community and was voted “Foothill’s Best Hospital” for 2007 by readers of the *Glendale News-Press*. Several physicians on staff also received recognition as the best in the community, including: Dr. Scott W. Beeve, Foothills Best Ophthalmologist; Dr. Allan W. Perry, Jr., Foothills Best Plastic Surgeon; Dr. Richard L. Rupp, Foothills Best Podiatrist; Dr. William F. Schubert, Foothills Best Family Physician; Dr. Jane S. Wada, Foothills Best Dermatologist; and Dr. Ronald D. Woodard, Foothills Best Obstetrician/Gynecologist. For more information, please visit www.vhhospital.org.

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