



Verdugo Hills  
HOSPITAL

News  
For Immediate Release

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**CPR Classes Available to Community**

(GLENDALE, CA – April 10, 2009) – As an American Heart Association Training Center, Verdugo Hills Hospital (VHH) offers cardiopulmonary resuscitation (CPR) training classes to community members and healthcare providers. VHH also offers Heartsaver – Automated External Defibrillator (AED) classes. These classes provide instruction for CPR skills, including adult/child one-person rescue, adult/child choking maneuvers and adult/child AED. Both Healthcare Provider New and Renewal classes are also offered, as well as Infant CPR and CPR Instructor training.

“Only about 1% of the population is trained in CPR,” said Teri Rice, Family Education Program Coordinator at VHH. “The skills are easy to learn and so important if you need to help a loved one or even a stranger. A few hours of training can make the difference between life and death.”

For more information about VHH’s CPR courses or to register for a class, please call 818-952-2272 to make a reservation.

**About the Hospital:**

Verdugo Hills Hospital is a 158-bed nonprofit primary care facility nestled in the foothills between Glendale and La Cañada Flintridge. Hospital features include Fast-Track emergency services, comprehensive inpatient and outpatient diagnostic and treatment facilities, and a family birthing center. The Hospital also offers surgical services, including bariatric and orthopedic surgeries. It is the only independent, free-standing hospital in the greater Foothills community and was voted “Foothills’ Best Hospital” by readers of the *Glendale News-Press* for five consecutive years. For more information, please visit [www.vhhospital.org](http://www.vhhospital.org). For more information about funding initiatives or to support the hospital, please call the Foundation at 818.952.2226.

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