



Verdugo Hills
HOSPITAL

News
For Immediate Release

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**VHH Orthopedic Surgeon Dr. Stephen Owens
Reflects on Advances in Orthopedic Surgery**

(GLENDALE, CA – June 26, 2008) – Orthopedic surgeon Stephen Owens, M.D. – who is fellowship trained in arthroscopic and reconstructive surgery of the shoulder, knee and elbow, and sports medicine – has been in practice for eight years – all at Verdugo Hills Hospital (VHH).

“I have found Verdugo Hills Hospital to be a charming community hospital with progressive, state-of-the-art equipment, a skilled nursing and technical staff, an excellent physical therapy department, and a comfortable and supportive atmosphere,” he says.

Dr. Owens says he enjoys the unique challenges of orthopedic surgery and the technical aspects of orthopedic procedures. “Repairs that once required large open incisions and extensive dissection are now done through tiny portals using cameras, TV screens and highly specialized instruments,” he says. “New and better techniques evolve continuously. Of course, many orthopedic problems are very treatable with non-operative methods, commonly using physical therapy and rehabilitation techniques.”

“Every patient presents a unique set of circumstances, and as I was always taught, I make sure to treat the patient and not an X-ray,” he adds.

Dr. Owens has a fairly large total joint replacement practice, part of the Orthopaedic & Sports Surgeons of the Foothills group, located at 1818 Verdugo Blvd. Suite 402. He also shares his practice with Drs. John Osterkamp and Kenneth Head.

Dr. Owens is board certified by the American Board of Orthopaedic Surgery, and a member of the American Academy of Orthopaedic Surgeons. He is an active Associate Clinical Professor for the LAC+USC Department of Orthopedics Residency Program.

On June 23, nearly 100 community members gathered at VHH to hear Dr. Owens talk about rotator cuff disease, including the anatomy of the shoulder, symptoms of the disease and available treatment options. The lecture, titled “Rotator Cuff Disease: Understanding Your Shoulder Joint,” was part of VHH’s Physician Lecture Series.

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About the Hospital:

Verdugo Hills Hospital is a 158-bed nonprofit primary care facility nestled in the foothills between Glendale and La Cañada Flintridge. The hospital features all private rooms, 24-hour emergency services, comprehensive inpatient and outpatient diagnostic and treatment facilities, and a family birthing center. It is the only independent, free-standing hospital in the greater Foothills community and was voted “Foothills’ Best Hospital” for 2008 by readers of the *Glendale News-Press* for the fifth consecutive year. Several VHH medical staff members have also earned the title of “Foothills’ Best”: Drs. Eric Lee and Joseph Lee, Foothills’ Best Cardiologists; Dr. Jane Wada, Foothills’ Best Dermatologist; Laurie Flagg, Foothills’ Best Nurse; Dr. Ronald Woodard, Foothills’ Best Obstetrician/Gynecologist; Dr. Scott Beeve, Foothills’ Best Ophthalmologist; Dr. Allan W. Perry (Jr. & Sr.), Foothills’ Best Plastic Surgeons; Dr. Brad Aguirre, Foothills’ Best Podiatrist; and Dr. William F. Schubert, Foothills’ Best Family Physician.

For more information, please visit www.vhhospital.org. For more information about funding initiatives or to support the hospital, please call the Foundation at 818.952.2226.

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