



Verdugo Hills  
HOSPITAL

# News

For Immediate Release

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**Meet Dr. Armand Dorian:  
Verdugo Hills Hospital's Very Own ER Star**

(GLENDALE, CA – November 29, 2007) – Armand Dorian, MD, FACEP, Emergency Room (ER) physician at Verdugo Hills Hospital (VHH), has provided exceptional emergency care to the Foothills community for more than five years.

“Verdugo Hills provides a vital service to its community,” he says. “When dealing with important issues, such as life and death, you want to be in a hospital that is in tune with the community and its needs. You don’t want to be just another number in a place that is cold when you are already overwhelmed with difficult issues regarding your health.”

A fellow of the American College of Emergency Physicians, Dr. Dorian praises the dedication of the Verdugo Hills nurses and their commitment to patient care. “The nursing staff is excellent at Verdugo,” he says. “What the nurses provide isn’t just standard care; instead they bring a family and mothering style of treatment that allows for patients to heal in a comfortable setting.”

Dr. Dorian believes that VHH’s family-like atmosphere makes it a unique healthcare facility where personalized care becomes the forefront of the healing process. “Verdugo Hills Hospital is truly a diamond in the rough,” he says. “It is an excellent hospital with great staff, nurses and physicians.”

Dr. Dorian is also very proud of VHH’s new around-the-clock Fast-Track service in the ER, where non-life-threatening injuries and illnesses can be cared for within minutes. Dr. Dorian says that Verdugo’s ER team ensures that minor cases are seen quickly, efficiently, with the highest quality of care and with special attention given to patient waiting times. “The Fast-Track is the wave of the future and we at Verdugo are riding that wave. Nobody wants to wait in the ER,” he says. “We are proud of our Fast-Track and we have only had praises from those who have used our service.”

Dr. Dorian has also used his specialty and talents on the big screen. He was recently featured on The Learning Channel’s (TLC) *Diagnosis X*, the medical television series that reveals true stories of real doctors who follow a trail of evidence in search of medical diagnosis in an effort to save patients’ lives.

For Dr. Dorian, the everyday realities in the ER, both on and off-screen, make him appreciate life and the joys of fatherhood and family. “Anything can happen in the ER. I can take care of anything from birth to death,” says Dr. Dorian. “There is a lot of pressure. We are called specialists of resuscitation because we’re here to save patients’ lives. This isn’t Disneyland.”

Television, however, is quite different from real-life drama, says Dr. Dorian. “Television is a lot of work, and it can be stressful work, but there is no pressure in the sense that you don’t have anyone who is going to die – it’s not the real thing,” he says.

Learning how to control emotions is also an important part of patient care. “Part of the art is that you learn to control your emotions in front of patients and their families,” he says. “Sometimes we leave the scene and then cry in private. The worst thing is for a patient to see a doctor who is scared.”

Dr. Dorian is also the medical technical advisor for NBC’s Emmy Award-winning drama series *ER*. Currently, he serves as the medical advisor for ABC’s *Grey’s Anatomy* and TLC’s *Diagnosis X*. He was also featured in eight episodes of TLC’s *Untold Stories of the ER*.

Dr. Dorian earned his medical degree from the University of Hawaii in 2003. He completed his residency at ULCA-Olive View Medical Center, where he is also a clinical teaching physician of emergency medicine.

Dr. Dorian is happily married and has a two-and-a-half-year-old son named Avand and a three-month-old daughter named Hooys.

Verdugo Hills Hospital is a 158-bed nonprofit primary care facility nestled in the foothills between Glendale and La Cañada Flintridge. The hospital features all private rooms, 24-hour emergency services, comprehensive inpatient and outpatient diagnostic and treatment facilities, and a family birthing center. It is the only independent, free-standing hospital in the greater Foothills community and was voted “Foothill’s Best Hospital” for 2007 by readers of the *Glendale News-Press*. Several physicians on staff also received recognition as the best in the community, including: Dr. Scott W. Beeve, Foothills Best Ophthalmologist; Dr. Allan W. Perry, Jr., Foothills Best Plastic Surgeon; Dr. Richard L. Rupp, Foothills Best Podiatrist; Dr. William F. Schubert, Foothills Best Family Physician; Dr. Jane S. Wada, Foothills Best Dermatologist; and Dr. Ronald D. Woodard, Foothills Best Obstetrician/Gynecologist. For more information, please visit [www.vhhospital.org](http://www.vhhospital.org).

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